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|  | **SOUTH DAKOTA BOARD OF REGENTS**  ACADEMIC AFFAIRS FORMS |
| Authority to Offer an Existing Course |
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| **DSU** |  | **College of Education** |
| **Institution** |  | **Division/Department** |

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| A picture containing text  Description automatically generated |  | 1/26/2024 |
| **Institutional Approval Signature** |  | **Date** |

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1. **Is this a request to offer an existing common course or an existing unique course (approval will change course status from unique to common)?**

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| Common Course |  |
| Unique Course |  |

1. **Provide the complete description as it appears in the system database including pre-requisites and co-requisites.**

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| **Prefix & No.** | **Course Title** | | **Credits** |
| EXS 225 | Nutrition for Exercise & Sport | | 3 |
| **Course Description** | |  | |
| This course is designed to provide an overview of basic nutritional needs for athletes and/or physically active individuals. Issues discussed include ergogenic aids, carbohydrate loading/manipulation, protein supplements, and hydration. Practical application will include dietary analysis and composition for people in various sports. | | | |

**Pre-requisites or Co-requisites (add lines as needed, make sure to copy boxes in Pre-req and Co-req cells)**

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| **Prefix & No.** | **Course Title** | **Pre-req** | **Co-req** |
|  | None | Choose an item. | Choose an item. |

1. **Universities currently offering this course, or any equated courses (*place an “X” in the appropriate boxes*):**

*Please consult any universities indicated below, and attach correspondence with the campus response. Communication and approval should include the Provost’s office at the universities currently offering the course.*

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|  | | BHSU | |  | | DSU | |  | | NSU | |  | | SDSMT | | |  | | SDSU |  | | USD | |
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NUTR 225 is a unique course at SDSU. DSU is seeking approval to offer this course and move to common. See email below from SDSU.

1. **Does Offering the Course Create FTE Implications? No**

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| **If no**, Replacement of | |  | | (deletion form attached) | |
|  | | (prefix, number, name of course, credits) | |  |  |
|  | Effective Date of Deletion: | | Click here to enter a date. | | |

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| 1. **Does Offering the Course Create Schedule Management Implications?** | No |
| **Explain:** This course will be added to the course rotation with existing faculty. | |

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| 1. **Existing program(s) in which course will be offered:** | | Proposed Strength and Conditioning minor |
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| 1. **CIP Code for the course:** | 19.0501 | |

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| 1. **Is the university currently authorized to use the course prefix (i.e., the prefix is used for a minimum of 6 courses, not counting x9x courses)** (*Yes or No*)**?** | | | Yes | |
| **If the university is not authorized to use the current prefix, please**  **indicate the prefix your university will use for the course, which will**  **be equated to the requested course. The university must be**  **approved to use this prefix.:** | |  | | |
| *(Note: If the institution wishes to offer the course with the current prefix, but is*  *not authorized to do so, AAC Guidelines Form 1.10 – New Prefix Request Form*  *must be submitted along with this request.)* | |  | | |
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| 1. **Proposed instructional method by this university:** | Lecture | | |

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| 1. **Proposed delivery method by this university:** | 01-Face to face |

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| 1. **University Dept. Code:** | DPE |

**Banner Department Code: \_\_\_\_**\_\_\_DHPE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| 1. **Authority to offer effective beginning in what term?** | Fall 2024 |

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| 1. **Section Restriction:** | None |

**From:** Jensen, Becky <Becky.Jensen@sdstate.edu>   
**Sent:** Tuesday, April 9, 2024 11:41 AM  
**To:** Slaughter, Susan <Susan.Slaughter@dsu.edu>  
**Cc:** Meendering, Jessica <jessica.meendering@sdstate.edu>; Hoffelt, Janell <janell.hoffelt@sdstate.edu>  
**Subject:** RE: NUTR 225 Nutrition for Exercise and Sport

Greetings Susan:

Please accept our sincerest apologies for the delay in responding to the request regarding NUTR 225!! Wires were crossed and emails mis-placed. 😊 Many thanks to your self and Janell for keeping all of us on track with all of the curriculum requests!

We have no issue with DSU offering NUTR 225 with the EXS prefix.

Sincerely,

Becky

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| South Dakota State University | **Becky Jensen** *Curriculum  and Program Assessment Manager* **Education & Human Sciences**  Wagner Hall 421, Box 2275A Brookings, SD 57007  **P:** (605) 688-4000 [SDState.edu](https://www.sdstate.edu/)  [facebook](https://www.facebook.com/SouthDakotaStateUniversity?fref=ts) [twitter](https://x.com/SDState) [youtube](https://www.youtube.com/user/SouthDakotaState) [youtube](http://www.linkedin.com/company/south-dakota-state-university) [instagram](https://www.instagram.com/sdstatepics/) |