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|  | **SOUTH DAKOTA BOARD OF REGENTS**ACADEMIC AFFAIRS FORMS |
| Substantive Program Modification Form |
|  |  |

Use this form to request minor changes in existing programs (majors, minors, certificates, or specializations).

|  |  |
| --- | --- |
| **UNIVERSITY:** | DSU |
| **CURRENT PROGRAM DEGREE:** | **Bachelor of Science**  |
| **CURRENT PROGRAM MAJOR/MINOR:** | **Exercise Science** |
| **CURRENT SPECIALIZATION** *(If applicable)***:** |  |
| **CIP CODE:** | **31.0505** |
| **UNIVERSITY DEPARTMENT:** | **College of Education** |
| **BANNER DEPARTMENT CODE:** | **DED 8E** |
| **UNIVERSITY COLLEGE:** | **Health and Physical Education** |
| **BANNER COLLEGE CODE:** | **DHPE** |

**University Approval**

*To the Board of Regents and the Executive Director: I certify that I have read this proposal, that I believe it to be accurate, and that it has been evaluated and approved as provided by university policy.*

|  |  |  |
| --- | --- | --- |
| A picture containing text  Description automatically generated |  | 4/14/2023 |
| Vice President of Academic Affairs or President of the University |  | Date |

|  |
| --- |
|  |

1. **This modification addresses a change in (*place an “X” in the appropriate box*):**

|  |  |
| --- | --- |
|[x]  Total credits required within the discipline |[ ]  Total credits of supportive course work |
|  |  |  |  |
|[x]  Total credits of elective course work |[ ]  Total credits required for program |
|  |  |  |  |
|[ ]  Program name |[ ]  Existing specialization |
|  |  |  |  |
|[ ]  CIP Code |[ ]  Other (explain below) |

1. **Effective date of change: 8/1/2023**
2. **Program Degree Level (*place an “X” in the appropriate box*):**

|  |  |  |  |
| --- | --- | --- | --- |
| Associate |[ ]  Bachelor’s |[x]  Master’s |[ ]  Doctoral |[ ]
|  |  |  |  |  |  |  |  |

1. **Category (*place an “X” in the appropriate box*):**

|  |  |  |  |
| --- | --- | --- | --- |
| Certificate |[ ]  Specialization |[ ]  Minor |[ ]  Major |[x]

1. **If a name change is proposed, the change will occur (*place an “X” in the appropriate box*):**

|  |
| --- |
|[ ]  On the effective date for all students |

|  |
| --- |
|[ ]  On the effective date for students new to the program (enrolled students will graduate from existing program) |
|  |  |

|  |  |
| --- | --- |
| **Proposed new name:**  |  |
|  | *Reminder: Name changes may require updating related articulation agreements, site approvals, etc.* |

1. **Primary Aspects of the Modification (*add lines or adjust cell size as needed*):**

|  |  |
| --- | --- |
| *Existing Curriculum* | *Proposed Curriculum (highlight changes)* |
| **Pref.** | **Num.** | **Title** | **Cr.****Hrs.** |  | **Pref.** | **Num.** | **Title** | **Cr. Hrs.** |
| General Education | 30 |  | General Education  | 30 |
| Required Courses | 65-66 |  | Required Courses | **66** |
| BIOL | 221 | Human Anatomy/Lab | 4 |  | BIOL | 221 | Human Anatomy/Lab | 4 |
| BIOL  | 325 | Physiology/Lab | 4 |  | BIOL  | 325 | Physiology/Lab | 4 |
| CISORCIS OrCSC  | 123113150 | Problem Solving & ProgVisual Basic ProgComputer Science I | 3 |  | CISORCIS OrCSC  | 123113150 | Problem Solving & ProgVisual Basic ProgComputer Science I | 3 |
| CSC | 105 | Intro to Computers | 3 |  | CSC | 105 | Intro to Computers | 3 |
| EXS  | 145 | Intro to Exercise Science | 1 |  | EXS  | 145 | Intro to Exercise Science | 3 |
| ~~EXS~~ | ~~180~~ | ~~Foundations of HPER~~ | ~~2~~ |  |  |  |  |  |
| ~~EXS~~ | ~~295~~ | ~~Practicum~~ | ~~1~~ |  |  |  |  |  |
| EXS  | 300 | Intro to Research | 3 |  | EXS  | 300 | Intro to Research | 3 |
| EXS | 335 | Admin of Exercise Science | 3 |  | EXS | 335 | Admin of Exercise Science | 3 |
| EXS | 350 | Exercise Physiology/Lab | 4 |  | EXS | 350 | Exercise Physiology/Lab | 4 |
| EXS | 353 | Kinesiology | 3 |  | EXS | 353 | Kinesiology | 3 |
| EXS | 376 | Technology Integration | 3 |  | EXS | 376 | Technology Integration | 3 |
| EXS | 395 | Practicum | 1 |  | EXS | 395 | Practicum | 3 |
| EXS | 400 | Exercise Test & Prescript | 3 |  | EXS | 400 | Exercise Test & Prescript | 3 |
| EXS | 401 | Clinical Exercise Physiology | 3 |  | EXS | 401 | Clinical Exercise Physiology | 3 |
| EXS | 452 | Motor Learning & Dev. | 3 |  | EXS | 452 | Motor Learning & Dev. | 3 |
| EXS | 454 | Biomechanics | 3 |  | EXS | 454 | Biomechanics | 3 |
| EXS | 482 | Theory of Strength & Cond. | 3 |  | EXS | 482 | Theory of Strength & Cond. | 3 |
| EXS | 490 | Seminar | ~~1-2~~ |  | EXS | 490 | Seminar | 1 |
| EXS | 494 | Internship | 2 |  | EXS | 494 | Internship | 2 |
| HLTH | 100 | Wellness for Life | 1 |  | HLTH | 100 | Wellness for Life | 1 |
| HLTH | 370 | Stress Management | 3 |  | HLTH | 370 | Stress Management | 3 |
| HLTH | 422 | Nutrition | 3 |  | HLTH | 422 | Nutrition | 3 |
| PE | 100 | Activity | 1 |  | PE | 100 | Activity | 1 |
| PE | 207 | Strength Training | 1 |  | PE | 207 | Strength Training | 1 |
| PE  | 354 | Prevention & Care  | 3 |  | PE  | 354 | Prevention & Care  | 3 |
|  |  |  |  |  |  |  |  |  |
| Electives  | 24-25 |  | Electives  | **24** |
|  |  | Total Hours Required | 120 |  |  |  | Total Hours Required | 120 |

1. **Explanation of the Change:**

The purpose of this proposal is to reduce the number of 1 and 2 credit courses that are currently being offered to make the degree requirements more concise for students. This proposal does not change the number of credit hours in the major, nor does it make any changes to the common courses that are offered. EXS 145 Introduction to Exercise Science will be increased to 3 credits and incorporate content from EXS 180.

We believe that increasing the credit offering for EXS 395 (from 2 CR to 3 CR) while eliminating the requirement to take EXS 295 will improve the experience for students and instructors alike. The current topics taught in both EXS 295 and EXS 395 are complementary and would allow students to explore Exercise Science career areas and apply topics they have learned in their Exercise Science courses to case studies and real-life examples, preparing them for the hands-on skills needed in whichever career path they pursue after graduation.